

COMMISSION ON AGING

June, 2017

www.montgomerycountymd.gov/coa



Inclement Weather Policy:

The following applies to all County appointed Boards/ Commissions and Committees (BCC). "For consistency, if Montgomery County Public Schools open late, morning BCC meetings are cancelled; if schools close in the early afternoon, late afternoon and evening BCC meetings are cancelled; or if schools are closed all day all BCC meetings for that day and evening are cancelled." This applies to full Commission meetings as well as subcommittees and every activity organized by the Commission.

COMMISSION ON AGING 'S COMMITTEES MEETINGS

Health Planning, Service, & Community Supports Committee

Tuesday, June 6, 2017

7300 Calhoun Place

Suite 600, Conference Room 6C

Rockville, Maryland

9:00 to 10:30 a.m.

Public Policy Committee *Cancelled for month of June*

Aging in Place/Community and Planning Committee

Tuesday, June 6, 2017

7300 Calhoun Place

Suite 700

Rockville, Maryland

9:30 to 11:30 a.m.

Executive Committee *Cancelled for the month of June*

MONTGOMERY COUNTY COMMISSION ON AGING MEETING

Cancelled for month of June

Seniors Today Workgroup

Conference Call

Friday, June 2, 2017 2:00-3:00 pm

Also of Interest

55+ Resource Fair

Ribbon Cutting Ceremony by County Executive Isiah Leggett

Thursday, June 1, 2017

10:00 am–1:00 pm

Longwood Community Center

19300 Georgia Avenue

Brookeville, MD 20833

FREE ADMISSION

Making Oral Health a Priority for Older Adults

Friday, June 2, 2017

8:00 am –5:00 pm

Ten Oaks Ballroom

5000 Signal Bell Lane

Clarksville, MD 21029

FREE ADMISSION

Health Fair Featuring Brainy Activities for All Ages

Free Brain Check-up by the Cleveland Clinic Healthy Brains Initiative

Saturday, June 3, 2017

9:00 am–1:00 pm

16227 Batchellors Forest Road

Olney, MD 20832

FREE Registration at brainpower2017.eventbrite.com

National Library of Medicine

NLM Resources for Family Caregivers and Older Adults

Monday, June 5, 1-2pm– Davis Library (6400 Democracy Blvd, Bethesda, MD 20817)

Thursday, June 8, 3-4pm– Kensington Park Library (4201 Knowles Ave, Kensington, MD 20895)

Thursday, June 29, 6-7pm– Potomac Library (10101 Glenolden Drive, Potomac, MD 20854)

**Hope Connections for Cancer Support
Biofeedback for Symptom Reduction
Education Program**

June 5, 2017 6:30 pm– 8:00 pm

Beaumont House at FASEB

9650 Rockville Pike

Bethesda, MD 20814

www.HopeConnectionsForCancer.org

AARP Smart Driver Course

Holiday Park Senior Center, 3950 Ferrara Drive, Wheaton MD

Tuesday, June 13th 10:00 am- 3:00 pm

Call 240-777-4999 or walk-in registration

White Oak Senior Center, 1700 April Lane, Silver Spring

Tuesday, June 13th 10:00 am–3:00 pm

Call 240-777-6940 to register

7th Annual World Elder Abuse Awareness Day

Rockville Senior Center

Wednesday, June 14, 2017 10:00 am–1:00 pm

1150 Carnation Drive, Rockville MD 20850

Nutrition Forum

Wednesday, June 14, 2017 6:30 pm–8:00 pm

Beaumont House at FASEB

9650 Rockville Pike, Bethesda, MD 20814

Guest Speaker Dietitian Margaret McDowell, PhD, MPH, RD

RSVP @ (301) 634-7500 or at

info@hopeconnectionsforcancer.org

The Basics: Memory, Loss, Dementia and Alzheimer's

Thursday, June 15, 2017 1:00 pm–3:00 pm

BrightView West End Welcome Center

401 N. Washington St. Suite 100 Rockville, MD 20850

AARP Smart Driver Course

Margaret Schweinhaut Senior Center, 1000 Forest Glen

Road, Silver Spring MD

Monday, June 19th 10:00 am– 3:00 pm

Call 240-777-8085 to register

AARP Smart Driver Course

Holy Cross Senior Source, 8580 2nd Avenue, Silver Spring

Wednesday, June 21st 11:00 am–3:00 pm

Call 301-557-1233 to register

**Healthy Living for Your Brain & Body: Tips from the Latest
Research**

Wednesday, June 21, 2017 1:00 pm–2:00 pm

Damascus Senior Center, 9701 Main St #2, Damascus, MD

For more info and to register: email lvajpey@alz.org or call

1-800-272-3900. Website: www.alz.org/nca

Seniors Today Viewing

June Topics:

Montgomery County Fire and Rescue Services and
National Institute of Aging and Heritage Montgomery

Program airs at the following times: Sunday (6:00pm)
Monday (10:00am) Tuesday (1:00 am, 12:30pm, 6:00pm)
Friday (10:30 am) Saturday (2:00 am)

You can watch the program on
Comcast and RCN channel 6; Verizon channel 30 or On-
Demand at the County's website:
<http://www.montgomerycountymd.gov/codtmpl.asp?url=/content/CableOffice/CCM/cod/OnDemand.asp&Pname=Seniors%20Today>

Do you know about “**Senior Planet Montgomery?**”
County officials recently attended the graduation ceremony
for Senior Planet Montgomery's Class of 2017. Senior
Planet Montgomery is part of the County's
ultraMontgomery initiative. The program aims to teach
older adults to use technology to increase self-sufficiency
and grow the market for digital services among the 20% of
the County that is 60 years old or older, and to expand
employment and entrepreneurship among older adults. This
is the second cadre of older adult technology graduates who
have completed a 10-week technology course. For more
details about the program, visit:

<https://seniorplanet.org/senior-planet-montgomery-county>